



Working together to be the best that we can be

PE – Dance – Dance patterns

Year 4

Autumn 2

Golden Thread: Material Culture

Key Vocabulary

Grape vine
Kick ball change
Floor patterns
Imitate
Musical phrasing
Do Se Do
Energetic

A **grape vine** is moving to the side in 4 steps.



New Skills

Discuss examples of professional work. Create floor patterns. Apply feedback to performances. Respond to feedback to improve performances.



Key Questions

How have you shown dynamic qualities?
What did you like about someone else's performance?

Perform different popular dances.
Recreate your own pattern dance.

Musical phrasing is dancing to the words rather than the beat.

A **Do Se Do** is performed with a partner, by skipping round each.

A **kick ball change** is made up of 3 moves

1. Kick one foot
2. rest on the ball of that foot
3. change your weight to the other foot