



Working together to be the best that we can be

PE – Dance – Bollywood

Year 5

Autumn 2

Golden Thread: Material Culture

Key Vocabulary

Locomotion
Bhangra
Line dance
Wall patterns
Emotive expression
Gesture
Stillness

Bhangra is a traditional dance originating from the Punjab.



New Skills

Apply basic Bollywood actions. Perform locomotor and non-locomotor movements. Work collaboratively. Use basic line dance steps.



Key Questions

What are the key characteristics of line dancing?

Why is it easier to create excitement with larger groups?

Perform 5 actions (jump, turn, travel, gesture, stillness)

Locomotion is moving from one place to another.

Non-locomotion are movements without travel, bending, swaying and wiggling.

